

FILING CABINET

Volume 31, Issue 9

September, 2021

SALT RIVER INTERGROUP

Step Nine: The Promise Of Intuition

We Will Know Peace

By Rick R.

We will intuitively know how to handle situations which used to baffle us. (B.B. pg. 84) How many times in your life have you been faced with a decision, and you did not know what to do about it, then a day and a half later, you awakened in the middle of the night, sat up in bed, and said to your-self, A-Hah, and went right back to sleep? Somehow the answer came to you without having to go through days of research.

In the early days of 1970, I was going through a course on human behavior and the instructor was trying to describe how the brain functions. He explained that the human brain has approximately ten billion cells and we only use about one billion of them. He then explained that these cells store everything we experience in our lifetime. The more current events are easier to remember than the things that are off in the distant past, but they are all in there somewhere. He then likened it to a file system where, if you ask a question, the more current answers come immediately, but for those more distant memories, the brain starts searching the files and it may take a while eventually the answer will come.

With all the mental chaos that we bring with us when we enter the Alcoholics Anonymous (A.A.) program, we have lot of, what I refer to as, *un-learning* to do. We go through the process of trying to rid ourselves of alcoholic thinking and to replace it with sound principles and values. If we are fortunate enough to buy in completely, and do a thorough job of house-cleaning, so to speak,

we can start using the ideas that we hear of, and others used successfully, and we get a surprisingly good result. We may hear as many as twenty or thirty people share at any given meeting. Can we remember everything we hear? To me, the answer is yes. I could come up with a dozen boilerplate A.A. cliches about how the answers come to me but it does not get any simpler than the mental file cabinet theory. Sometimes it seems to me that I am learning when I am not even listening, and it is like getting it through osmosis. If you have ever heard of the police trying to get a witness to remember a license plate number by hypnotizing that person, you understand what I mean. It is in the sub-conscious and there is a curtain-like screen between the conscious and subconscious mind. This is what keeps us from going mad due to the busyness of it all.

I never underestimate the capacity of my mind when it comes to problem solving. Attending A.A. meetings on a regular basis and interacting with the people who have had similar experiences and have found similar solutions to their problems gives me a very encouraging outlook for the future. Many of the answers that I am seeking are right in front of my face and some are deeper in the file cabinet. Most of the time, when faced with the dilemma that is causing me any kind of distress, I can refer to my simple request of my higher power. God, please show me to do and please give me the strength to do it. I do not do well on my own. It is surprising how often I awake in the middle of the night, say A-HAH, and go back to sleep again. It seems that intuitively the answers come.

From Your Steering Committee

Tradition Nine

Tradition Nine: AA, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

Tradition Nine stands in contrast to the structure that exists in most organizational structures. It allows AA to operate in a “functional anarchy.” No one member or group is in charge of any other member or group. There are no hard and fast rules, merely suggestions given from one member (or group of members) to another. Since the majority of the work in AA is done via voluntary service it implies that one is assuming responsibility but not putting themselves in the position of authority. Tradition Nine also indicates the need for the spirit of rotation in order to ensure members not trying to take on assumed authority and to allow others to practice their 12th step service work to the fellowship.

Bill W drew from the experience of the Oxford Group with the development of the Ninth Tradition. He saw the Oxford Group disintegrate when the leader took too much authority and struggled to correct mistakes he made with his leadership. Bill knew that AA needed to be protected in order for it to survive and that some members may attempt to take too much control or try to assume authority and end up being the downfall of the fellowship.

Question: Am I aware of all those to whom I am responsible in any AA job?

Tradition Nine Checklist

AA, as such ought never be organized; but we may create service boards or committees directly responsible to those they serve.

- Do I still try to boss things in AA?
- Do I resist formal aspects of AA because I fear them as authoritative?
- Am I mature enough to understand and use all elements of the AA program --- even if no one makes me do so --- with a sense of personal responsibility?
- Do I exercise patience and humility in any AA job I take?
- Am I aware of all those to whom I am responsible in any AA job?
- Why doesn't every AA group need a constitution and bylaws?
- Have I learned to step out of an AA job gracefully --- and profit thereby --- when the time comes?
- What has rotation to do with anonymity? With humility?



Concept Nine

Good service leaders, together with sound and appropriate methods of choosing them, are at all levels indispensable for our future functioning and safety. The primary world service leadership once exercised by the founders of A.A. must necessarily be assumed by the Trustees of the General Service Board of Alcoholics Anonymous.

This concept addresses the importance of being and electing good service leaders. “Due to A.A.’s principle of rotation, furnishing our service structure with able and willing workers has to be a continuous effort.” It is essential that our leaders act *for* AA and not “boss” it’s members. This often requires our leaders to acknowledgement that good ideas can come from anyone and anywhere. Consequently, good leadership often needs to discard their own ideals and implement a plan that takes AA in a seemingly better direction. Therefore, when it comes to AA’s elected leaders, willingness and open-mindedness are vital. Both allow for cheerful compromise and enable progress.

**Central Office will be closed on Monday
September 6, 2021 in observance of Labor Day**

**PI/CPC meets on the 4th Tuesday of the month at 7:00pm via Zoom;
Meeting ID: 976 6139 5578 Passcode: 397657**

Concept Nine Checklist

Good service leadership at all levels is indispensable for our future functioning and safety. Primary world service leadership, once exercised by the founders, must necessarily be assumed by the trustees.

- Do we discuss how we can best strengthen the composition and leadership of our future trusted servants?
- Do we recognize the need for group officers?
What is our criteria for election? Do we sometimes give a position to someone “because it would be good for them”?
- Do I set a positive leadership example?

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**Salt River Intergroup
Business Meeting
10th August 2021**

Mission Statement - Quianna

Open Meeting with Serenity Prayer - Quianna

Tradition and Tradition Checklist Reading – Megan

Concept Reading and Concept Checklist Reading – Holly

Introductions of Steering Committee

New Intergroup Reps – Introduction to Pages 5-6 for information to and from Home Groups.

Number of attendees – 54

Angela, 6:00 Rush Hour; Brian, My Friends Promise Group; Jeffery, Conscious Contact

Remarks and Announcements by the Chair – Quianna

Previous Month's Minutes – Page 7 of the IG packet. Motion to accept: Cass Seconded: Barry

General Service Liaison (Area) – Adrian - Assembly during Round Up. State Convention Sept 10th-12th

Treasurer Report – James – pgs. 8-9 of the IG packet.

7th Tradition – Self Support Card – Quianna

Central Office Report – Cyndee – pg. 4 of the IG packet.

2021 Summer Round Up – Quianna, Adrian, Robbin – Quianna updated health and safety standards; group conscious voted to follow CDC guidelines, therefore masks are highly recommended, we do not police each other per Doubletree policy. Cutoff for any changes is Wednesday 8/11. Handouts and signs will be posted. Jennifer K Chair update – need volunteers, set up starts at 8:00am Friday morning 8/13, anyone looking to confirm reservation can call Central Office. No changes to Hospitality health and safety guidelines. Robbin's update - Over 500 pre-registrations, reduced room rate block is sold out, any new rooms are at going hotel rates, all should participate at your own comfort level, golf is still accepting reservations – 93 are currently signed up, cap is 144 players.

2021 SRI Alcothon – Terry, Paul – September meeting we will discuss whether Alcothon will be virtual or in person

2022 Anniversary – Holly, Paul, Megan – no update

Old Business -

Elections – Robbin – pgs. 13-14 of the IG packet

New Business -

SRI Standing Committee Report

Archives – Rosemary – will be at SRI Round Up in Sober City

PI/CPC – Jerry – will be at Round Up in Sober City. Buy back issues of Grapevine to use at events, advertising in Az Health and Living magazine financed by all 3 Intergroups.

Meeting Update Committee – Holly – no update

Grapevine – Megan - August is about our older members, September is about our younger members

ZONYPAA – Megan – SWACYPAA Convention in Ventura, Ca.

H & I – Kimberley – positions are available. Will be at SRI Round Up in Sober City

Birthdays:

Motion to close: David; Seconded: Lane

Central Office Manager's Report

Hello everyone...

Presently there are volunteer opportunities to answer phones at Central Office on Tuesday's 9a-12p, Friday's 12p-3p and 3p-6p. If interested please call or email me; 602-264-1374-info@sriphoenix.org. I am so grateful for the volunteers, THANK YOU!!

We have some spots to answer the phones from your home; Saturday's 6p-11p, 11p-6a and Sunday's 9a-12p, if nobody is scheduled, the phones don't get answered. Period. You never know... the life you save just might be your own!!! If interested, please contact Sandy at (602)264.1341. This commitment has a sobriety requirement of 1 year of continuous sobriety and have worked your 12 steps.

Please remind groups to buy literature & chips from SRI office to help support your local AA Intergroup so that we can keep the hand of A.A. there for all who need it.

We have approx. 1,600 meetings per week here in the Valley. Approx. 700 of those meetings are registered with us, Salt River Inter Intergroup. Approx. 275 are registered with Agua Fria Intergroup and approx. 500 are registered with East Valley Intergroup.

In the Spirit of Tradition Eight,

Cyndee Rogers

July Phone Stats

	This	Last	
Total Help Line Calls:	670	725	7.6%



July WEB Stats:

	This Month	Last Month	
Total Sessions:	16,976	16,532	2.69%
ROUNDUP	1769	1102	59.95%



	This Month	Last Month
New Visitor	69.0%	68.7%
Returning Visitor	31.0%	31.3%

Sessions by Acquisition	This Month	Last Month
Organic Search:	58.7%	60.4%
Direct	38.8%	37.1%
Referral	1.69%	1.93%
Social	0.72%	0.54%

Sessions by Device	This Month	Last Month
Mobile	66.1%	65.46%
Desktop	32.2%	32.52%
Tablet	1.7%	2.02%



When Alcohol was Our God

After a history of drinking to excess, many people join A.A. only to feel baffled by the concept of handing one's life over to God or "a Higher Power" ("H.P." for short). For alcoholics in remission, who have lost or never had a concept of God, this may seem like a barrier to sober living -- yet it shouldn't when we think how Alcohol was ruining life before we joined A.A.

When we drank, alcohol was God. We spent almost all of our time thinking about buying the next drink and the timing for drinking -- when and where, how much time we could get away with being drunk or pretending we hadn't drunk too much. We then had to add the time we needed to sober up, which as we aged tended to be longer periods of time.

With alcohol as our boss, the drinking cycle was endless: figuring out how much money we needed for booze, sometimes passing on adequate food and other necessities. We'd plan our next bender to ease situations that then became chaos.

Other costs compounded as our illness with this sicko "God" progressed. We'd find ourselves facing judges and fines for illegal acts, in jail for drunk-

driving, in bed with people we never would have chosen had we been sober, in danger, injured or in the hospital. Our children were ashamed of us. Our spouses couldn't take it again. We made empty promises.

Some "God" alcohol proved to be, demanding more money, time, health, opportunities, and energy from our relationships and careers.

Now that we've found A.A., it should be easy enough to see the A.A. group as a Higher Power: more minds over matter make it so much easier to gain new, healthy habits for dealing with the stresses of life. Working with a sponsor, going to meetings, working the Steps, working with others -- all of these can be part of what we understand our healthier "H.P." to be.

Perhaps another simple concept is to think of the inner spark of life within each of us -- the spark that pushed us to ask for help in firing that devastating boss, Alcohol. When we chose A.A., the desire to keep living proved stronger than the desire to die. (See "The Spiritual Experience, Appendix II, Page 367 in "The Big Book," and -- of course -- Step 2.)

Jeanne W., Seeking Serenity group

Meeting

SRI Intergroup Meeting via Zoom September 14, 2021 at 7pm.

If you are the Intergroup Rep for your home group, do we have your e-mail? If, you are not sure if we have your current info please send an e-mail to info@sriphoenix.org

Group Contributions

Group	Group Name	JUL	YTD
0007	OTHER 7TH TRADITION		392.06
1008	MONDAY MORNING LADIES STEP MEETING		40.00
1021	STEP SISTERS		535.00
1023	LADYBUGS	432.00	501.00
1024	FIRESIDE		100.00
1029	WESTSIDE RUSH HOUR		1,200.00
1030	1-6-4 GROUP	57.10	57.10
1035	5:30 HAPPY HOUR (P.O.P.)	500.00	500.00
1037	NO SNIVELING		3,793.84
1040	SCOTTSDALE NON-DRINKERS		690.00
1041	MALE CHAUVINISTS		351.00
1056	MEN'S CAREFREE SOBRIETY		308.25
1059	CACTUS STUDY GROUP		2,510.00
1060	SUNNYSLOPE HAPPY HOUR		830.00
1070	IT WORKS		15.00
1080	CAREFREE WILDLIFE	50.00	110.00
1087	6 P.M. HAPPY HOUR (LAMBDA)		74.50
1089	CASUAL NOONERS		322.83
1092	MENS 4PM MONDAY MEETING	131.32	301.57
1097	FUNCTIONAL GROUP		757.25
1098	GO FOR IT GROUP I		1,125.00
1117	SCOTTSDALE SPEAKERS MTG.		500.00
1139	VALLEY STAG GROUP		248.00
1152	WAY OUT OF THE BOTTLE		500.00
1153	REALITY	200.00	200.00
1158	MEN'S MONDAY NIGHT BB STUDY	25.00	25.00
1159	PATHFINDERS		35.00
1174	CLASS ACT		50.00
1177	CAREFREE SPIRIT GROUP		121.00

1191	CAREFREE WAY OF LIFE		70.00
1204	MID CITY GROUP	181.05	318.12
1211	6:00 RUSH HOUR (CROSSROADS)		1,721.52
1251	WE CHOSE LIFE	109.97	240.47
1265	1ST THINGS FIRST		75.00
1510	BIRDS OF A FEATHER		100.00
1514	LET'S TALK ABOUT IT	717.26	2,722.80
1700	A SAFE PLACE	59.63	59.63
1900	12 AND 12 (CAREFREE)	88.25	218.00
2003	MONDAY NIGHT B.B. STEP STUDY		413.98
2105	WINNERS GROUP	600.00	1,000.00
2110	FOUNTAIN HILLS GROUP, THE		517.00
2408	SCOTTSDALE STOP OFF		25.00
2410	SUNDAY NIGHT SERENITY		885.00
2706	FREEDOM HOUR		500.00
2726	A NEW FREEDOM		50.00
2731	FRIDAY MORNING BIG BOOK STUDY		483.00
2760	SPIRIT OF GOD		40.00
2803	WOMAN BY THE BOOK	173.00	845.02
2805	BACKYARD GROUP	20.00	40.00
2819	STORIES AT SUNDOWN		356.94
2820	PINNACLE PEAK GANG	208.25	447.88
2823	SUNRISE SERENITY	431.21	617.71
2824	PUTTIN' SOBER	336.00	736.00
3114	LUNCH BUNCH (CROSSROADS)	478.00	1,724.00
4066	QUIT-IN-TIME		708.26
4077	REFLECTIONS		139.00
5013	SUNDAY EVENING SERENITY		183.00
5024	12&12 STUDY		110.00
5085	NORTH MOUNTAIN STUDY GROUP	11.80	46.80

THANK YOU

Group contributions continues

5097	BEFORE BREAKFAST CLUB	30.00	230.00
5104	IN-BETWEENERS		200.00
5110	BREAKFAST CLUB	68.23	68.23
5111	MEN'S ATTITUDE ADJUSTMENT	750.00	2,500.00
5127	DOG TIRED MEN'S STAG		616.63
5134	11TH STEP MEDITATION MTG.		100.00
5139	LIVING SOBER		442.70
5171	HOGAN'S HEROES		441.76
5178	LONE MOUNTAIN BB STUDY	244.58	491.33
5188	GRAPEVINE MEETING		18.50
5195	A NEW WOMEN'S MEETING		505.00
5197	STEPS TO SOBRIETY		78.00
5200	RAIN OR SHINE		592.37
5204	AFTERNOON DELIGHT		100.00
5209	NOONERS GROUP	100.00	859.00
5221	11 AT 7		92.95
5234	HAPPY ALCOHOLICS		874.00
5238	JUST BOOZE	50.00	50.00
5248	THE FIRST 164	60.00	160.00
5263	WORKS BEST WHEN READ		400.00
5280	VALLEY ALANO CLUB		200.00
5285	MOUNTAIN TOPPERS	10.00	40.00
5286	NEW VISION GROUP		122.12
5290	HOW IT WORKS BIG BOOK STEP STUDY		522.81
5297	LIVING IN THE SOLUTION		421.00
5310	HOW BAD DO YOU WANT IT		1,259.94
5350	MOON VALLEY WOMENS BREAKFAST MEETING		13.00
5360	MY FRIENDS PROMISE		733.00
5383	THE FIRST PROMISE GROUP	342.75	342.75

5388	FRIDAY NIGHT YOUNG PEOPLE	200.00	384.00
5402	BYOCHAIR	595.00	1,495.00
5403	SERENITY AT THE FOUNTAIN		490.00
5404	HOW IT WORKS		800.00
5406	FORWARD IN RECOVERY	45.00	174.76
5409	FIRST STEP		550.84
5480	SQUARE PEGS ROUND HOLES	27.00	40.95
5489	MID DAY PAUSE		21.50
5494	ZOOMS Best When Read	20.00	20.00
6006	THOMPSON PEAK GANG		400.00
6007	THE GAY MENS STAG		300.00
6031	SISTERS IN SOBRIETY		610.42
6042	CREIGHTON TUESDAY STAG		273.00
6054	FRIENDS OF BILL W.	115.00	265.00
6061	KNUCKLEHEADS		767.13
6064	MORNING MIRACLES		332.86
6106	BRUNCH BUNCH		468.90
6120	WED. NIGHT MEN'S STEP STUDY		93.01
6129	FEELINGS & SOLUTIONS		160.00
6137	CAREFREE RATTLEERS	137.00	421.00
6142	LADIES' TEA PARTY		180.00
6183	HAPPY DESTINY		212.00
6214	ON AWAKENING	300.00	1,200.00
6215	DIVINE DIVAS	200.00	200.00
6221	HAPPY VALLEY EAST	65.00	260.00
6627	INTO ACTION	1,031.88	1,544.08
6628	WED. NIGHT MEN'S BB STUDY		221.41
		9,201.28	55,948.48

I am Responsible . . .**When anyone, anywhere
reaches out for help****I want the hand of AA to be there,****And for that,****. . . I Am Responsible**

Salt River Intergroup, Inc.			
Balance Sheet			
As of July 31, 2021			
ASSETS			
Current Assets			
Checking/Savings			
	General Fund		58,081.99
	Prudent Reserve Fund		40,035.15
	Total Checking/Savings		98,117.14
	Other Current Assets		27,008.68
	Total Current Assets		125,125.82
	Fixed Assets		12,094.37
	TOTAL ASSETS		137,220.19
LIABILITIES & EQUITY			
Equity			
	Funds Balance		105,900.00
	Net Income		31,320.19
	Total Equity		137,220.19
	TOTAL LIABILITIES & EQUITY		137,220.19

Salt River Intergroup, Inc.			
Profit & Loss			
July 2021			
Ordinary Income/Expense			
Income			
	Contributions		10,529.91
	Store Income		7,490.00
	Non Store Income		54.35
	Total Income		18,074.26
Cost of Goods Sold			
	Store Cost of Goods Sold		4,733.60
	Total COGS		4,733.60
	Gross Profit		13,340.66
Expense			
	Ordinary Expenses		5,872.08
	Employee Expenses		8,948.69
	Total Expense		14,820.77
	Net Ordinary Income		-1,480.11
Other Income/Expense			
Other Income			
	Round-up Income		17,169.72
	Total Other Income		17,169.72
Other Expense			
	General Event Expense		229.56
	Round-up Expense		5,876.57
	Total Other Expense		6,106.13
	Net Other Income		11,063.59
	Net Income		9,583.48

Please update your meetings with Central Office. It's important, so can we provide current information to the Alcoholic who asks for help!!

Email changes to:
Info@sriphoenix.org or
suspend@aaphoenix.org





First	Last	Sober Date	Years
Gordon	D.	9/13/1969	52
Jack	D.	9/11/1970	51
Augie	A.	9/17/1972	49
Val	G.	9/2/1972	49
George	L.	9/16/1973	48
Patrick	P.	9/24/1975	46
Henry	C.	9/14/1975	46
Joe	B.	9/22/1976	45
Dorothy	B.	9/18/1977	44
Bobby	F.	9/26/1977	44
Fran	D.	9/9/1978	43
Jack	S.	9/22/1978	43
Stephen	M.	9/17/1980	41
Judy	J.	9/15/1980	41
James	S.	9/5/1980	41
Chuck	N.	9/11/1981	40
Jim	B.	9/28/1982	39
Charlie	L.	9/3/1983	38
Becky	D.	9/19/1983	38

Don	E.	9/29/1983	38
Dottie	H.	9/12/1983	38
Patricia	B.	9/23/1983	38
Mark	T.	9/9/1983	38
Terry	D.	9/2/1984	37
George	M.	9/1/1984	37
Stan	P.	9/4/1984	37
Mary		9/11/1985	36
Lea Anne	H.	9/28/1985	36
Flo	G.	9/12/1985	36
Arnie	G.	9/27/1987	34
Art	S.	9/30/1987	34
John	M.	9/13/1987	34
Terry	J.	9/13/1988	33
Laurie	D.	9/4/1989	32
Cori	H.	9/5/1989	32
Greg	B.	9/7/1989	32
Virginia	D.	9/14/1993	28
Tom	L.	9/26/1993	28

We are currently updating our Old Timers data base. Please email any changes to info@sriphoenix.org. If you have 25+ years and would like to be added please email your sobriety date, address, phone number and email address to info@sriphoenix.org or call Cyndee at Central Office 602-264-1374.

September 2021

Sun Mon Tue Wed Thu Fri Sat

			1	2	3	4
5	6 Labor Day, Central Office Closed	7 Steering Com- mittee Mgt via Zoom	8	9	10	11
12	13	14 Intergroup Meeting via Zoom 7p	15 H&I Meeting via Zoom 7p	16	17	18
19	20	21	22	23	24	25
26	27	28 PI/CPC meet- ing via Zoom see pg 3	29	30		

Please check specific meetings for cancelations or postponements

SALT RIVER INTERGROUP

3215 E. Thunderbird Rd
Phoenix, AZ 85032

Phone: 602-264-1341
website www.aaphoenix.org
email: info@sriphoenix.org

Group Name: _____
New Renew Change

Street Address: _____

City: _____ State: _____

Zip: _____

Phone: _____

Annual Individual Newsletter Delivered via USPS Mailing = \$15.00

Annual Group Copies (5) Delivered at SRI Business Meeting = \$20.00

