

FILING CABINET

Volume 30, Issue 10

October, 2020

SALT RIVER INTERGROUP

Step Ten: Beginning of the Maintenance Steps

Understanding the Disease of Alcoholism Takes Time
By Rick R.

After being in the program for a while, it occurred to me that initially, there was no way I could have performed all the measures suggested in the steps on my first go-around. Coming from an alcoholic's approach to the issues we plan to address, we eventually come to understand that we can only give it our best effort to start the process. Understanding the disease of alcoholism takes time. We can however establish a framework without concluding that we have completed the steps. As we continue to grow in the program more will be revealed about the steps taken and that is where step 10 becomes the opportunity to revisit past steps and fill in the empty spaces as we evolve. That does not mean that we cannot address those issues when we become aware of them. If we stay sober long enough to get to this level of understanding we will continue to repair our broken relations with others and clear up legal, marital and financial problems that can be a distraction when it comes to looking at the deeper rooted emotional, mental and spiritual issues. We cannot ignore the need for up-keep and maintenance in the program no more than we can ignore the Up-keep and maintenance when we purchase a new car. Brake shoes wear thin, oil gets dirty, coolant evaporates etc.... The same effect takes place in the process of recovery. If we become complacent at any level of this process, as it often happens, we may relapse or, miss out on the promises set forth in step nine.

Step Ten, "Continued to take personal inventory and when we were wrong promptly admitted it". (BB Pg. 59) I believe that most of the members of A.A. that actually go through the steps, as suggested in the Big Book, have been doing this to some degree since they became aware of it in the 4th and 5th steps, and the

reason why they reintroduced us to this topic in the tenth step was to make it clear that we will continue to do this for the rest of our lives. We are never finished when it comes to taking the steps. There is a line that we cross if we are committed to the goal of becoming the best we can be in life and that is where we stop asking "Why we must do all the things that the program suggests" to a point where we start asking the question "Why wouldn't we do these things that result in freedom of the mind. The biggest misconception that we have is the idea that, somehow, we are responsible for becoming an alcoholic and this is simply not the case. Alcoholism is a disease that we did not have the capacity to decide to become afflicted with when we were born. You might say that alcoholism is a byproduct of guilt, shame, and low self-esteem based on habits and deeds of the past. When we took our first drink it did something for us than it did not do for the normal person. It masks all our fears and insecurities temporarily but did not erase those embarrassing behaviors from our minds and our conscience. We behaved poorly as we evolved through our adolescence and young adulthood due to the fears and inhibitions associated with alcoholism. Who could fault the person who discovers they have a disease, takes it upon themselves to treat that disease, restores and accounts for all the faulty behaviors that stem from that disease, makes restitution and becomes a model citizen? This is the natural development that evolves as the result of taking the steps and continue the up-keep and maintenance process and I Thank God that the program of Alcoholics Anonymous has taken one hell of a load off my mind and I am at peace mentally when my head hits the pillow at night.



Central Office will be closed
October 12th in
observance of
Columbus Day

From Your Steering Committee

Tradition Ten

Alcoholics Anonymous has no opinion on outside issues: hence the AA name ought never be drawn into public controversy.

The Washingtonian Society almost discovered the answer to alcoholism. They were initially a group composed entirely of alcoholics helping other alcoholics. It was their primary purpose. The movement grew substantially and helped many who suffered with our disease. Had they remained united and focused on this singleness of purpose they might have found what we have today in Alcoholics Anonymous. Instead they allowed politicians and reformers, both alcoholic and nonalcoholic, to use their platform for their own purposes. The society was at war within itself and became totally ineffective in their original primary purpose of helping another alcoholic. And so the Society collapsed.

Fortunately this lesson was not lost on Alcoholics Anonymous. It was decided by our earliest members to keep Alcoholics Anonymous out of any public controversy. Anything that distracts us from our primary purpose or divides us in to factions, eats at the inclusivity of Alcoholics Anonymous and will eventually cause us to perish.

There is nothing more important to me than my sobriety...without it I would not have the life I have today. There is no cause that holds more weight in my life than Alcoholics Anonymous. While I am entitled to my opinions...I cannot attach them to Alcoholics Anonymous for fear of distraction from the primary purpose. I rely on Alcoholics Anonymous for my sobriety and life...that is all!

Question: What in history gave rise to our Tenth Tradition?

Holly W. Advisor

Tradition Ten Checklist

Alcoholics Anonymous has no opinion on outside issues; hence the AA name ought never be drawn into public controversy.

Do I ever give the impression that there really is an "AA opinion" on Antabuse? Tranquilizers? Doctors? Psychiatrists? Churches? Hospitals? Jails? Alcohol? The federal or state government? Legalizing marijuana? Vitamins? Al-Anon?

Can I honestly share my own personal experience concerning any of those without giving the impression I am stating the "AA opinion"?

What in AA history gave rise to our Tenth Tradition?

Have I had a similar experience in my own AA life?

What would AA be without this Tradition? Where would I be?

Do I breach this or any of its supporting Traditions in subtle, perhaps unconscious, ways?

How can I manifest the spirit of the Tradition in my personal life outside AA? Inside AA?



Concept Ten

Every service responsibility should be matched by an equal service authority — the scope of such authority to be always well defined whether by tradition, by resolution, by specific job description or by appropriate charters and bylaws.

Our service structure requires that each operational responsibility is granted the corresponding authority, so it may function effectively. Remember, Concept I establishes that this services structure is rooted in delegation from AA groups. Once a person assumes a role within the service structure, that person needs authority to carry out his/her duties.

Bill W. warned against withholding such authority when he stated “...when *delegated authority is operating well, it should not be constantly interfered with. [Otherwise] those charged with operating responsibly will be demoralized.*” In consideration of this, AA has implemented multiple procedural safeguards that allow for corrections and reorganization. For instance; although trusted servants have authority to do their work and achieve their responsibilities, that said authority is clearly defined, it is rarely the final authority, and it does not go unchecked.

I am Responsible . . .

When anyone, anywhere reaches out for help

I want the hand of AA to be there,

And for that,

. . . I Am Responsible

Concept Ten Checklist

Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined.

Do we understand “authority” and “responsibility” as they relate to group conscience decisions by G.S.R.s, D.C.M.s and our area delegates?

Why is delegation of “authority” so important to the overall effectiveness of A.A.? Do we use the concept to define the scope of “authority”?

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**Salt River Intergroup
Business Meeting
Tuesday, 8th September 2020**

Open Meeting with Serenity Prayer - Robbin

9th Tradition and Tradition Checklist Reading – Laurie

9th Concept Reading and Concept Checklist Reading – Quianna

New Intergroup Reps – Finn, Unaccountably Transformed, Casey, WACYPA, EJ, H & I

Remarks and Announcements by the Chair – Robbin

Previous Month's Minutes – August. Page 7 of the IG Agenda packet. Motion to accept: Mike Seconded: Chuck. Unanimous acceptance.

General Service Liaison (Area) – Adrian Page 8 of the IG Agenda packet.

Treasurer Report – James – pgs 9-14 of the IG Agenda packet.

Saturday Volunteers – Terry – none needed at this time.

7th Tradition – Self Support Card – Robbin

Central Office Report – Cyndee – pgs 3-6 of the IG Agenda packet

Event Committee Liaison

2021 Summer Round Up – Robbin, Adrian, Quianna – the contract for 2021 SRI Round Up has been signed.

2020 SRI Alcathon – Terry, Laurie – had conversations with the Alcathon chair, Rick, as well as the venue (Royal American Palace). A Zoom situation is likely to be the reality of this event.

2021 SRI Anniversary – Holly, Paul – no report

Old Business - Elections – page 15-17 of the IG Agenda packet. Please submit a service resume' to Central Office if you are seeking to run for office. Current incumbents of the Steering Committee that would like to be considered are: Quianna will run as Chair. Adrian will run as Vice Chair. James will run as Treasurer. Paul will run as Advisor.

New Business

Fundraising Ad Hoc Committee – Holly is the Committee Chair. See pages 19-22 of the IG Agenda packet. There were questions about the crossing of the boundary of Tradition 7. Donette of SunnySlope will reach out to Holly to further clarify the position regarding the SMILE.AMAZON option. All recommendations, suggestions and/or concerns should be submitted to Holly, Women's International Conference in Feb 2021 will be online. Go to the website

SRI Standing Committee Report

Archives – Rosemary – no report

PI/CPC - Terry - have begun meeting through Zoom on the 4th Tues of the month.

Meeting Update Committee – Holly – no report.

Grapevine – Laurie – check out the Grapevine website for online options. Told the joke.

ZONYPAA – Update from Lauren.

H & I – Kimberley – **Virtual Awareness Day** on Oct 10th from 12-4 p.m. Please go to the H & I website: vwhl.org for further information.

Birthdays – Cyndee – 14, Brett - 7

Motion to close: Marilyn. Second: Dave. We left.

Central Office Manager's Report

Hello everyone...

Some volunteers are answering the phones from their home and some have returned to Central Office. When volunteers are back in the office full time, we will have a few spots open on **Tuesday's 9a-12p, Wednesday's 12p-3p, Thursday's 12p-3p, and Friday's 3p-6p** to answer the phones here at Central Office. This is a weekly commitment and has a sobriety requirement of 1 year of continuous sobriety and have worked your 12 steps. We also have a spot to answer the phones from your home; Friday's 11pm-6am, if nobody is scheduled, the phones don't get answered. Period. You never know... the life you save just might be your own!!! If interested, please let me know! I can be reached at (602)264.1341.

Please remind groups to buy literature & chips from SRI office to help support your local AA Intergroup so that we can keep the hand of A.A. there for all who need it.

We have approx. 1,600 meetings per week here in the Valley. Approx. 700 of those meetings are registered with us, Salt River Inter Intergroup. Approx. 275 are registered with Agua Fria Intergroup and approx. 500 are registered with East Valley Intergroup.

In the Spirit of Tradition Eight,
Cyndee Rogers

August Phone Stats

	This Month	Last Month	
Total Help Line Calls:	839	892	5.9%



August WEB Stats:

	This Month	Last Month	
Total Sessions:	12,630	12,211	3.45%



	This Month	Last Month
New Visitor	72.5%	69.9%
Returning Visitor	27.5%	30.1%

Sessions by Acquisition	This Month	Last Month
Organic Search:	55.6%	62.2%
Direct	39.8%	33.1%
Referral	4.2%	4.3%
Social	.5%	.4%

Sessions by Device	This Month	Last Month
Mobile	60.5%	62.9%
Desktop	36.9%	34.1%
Tablet	2.7%	3.0%



I was not sure what to write about, but as a friend once said "Trust Your Gut". Right now, my gut is full of gratitude. I had the opportunity to serve on the State "Virtual" Convention Committee, which took place earlier this month. I hope you were able to attend. Serving on committees and attending conventions, round ups, or assemblies have always filled me with gratitude and what I call a spiritual high. This year was a bit different though.

For a couple weeks prior to the event my wife and I were a bit off. Not at each other's throats or anything just off. The Thursday before she decided we should talk. In true alcoholic fashion I did not like what she had to say and began to develop a resentment. By Friday morning I was in full blame thrower mode and quite angry.

I tried praying and meditating some throughout the day and tried to let it go, but just could not. Hindsight this is where I should have called my sponsor. I was able to set it aside just enough to attend the early bird mtg that evening and as always God showed up before I did. Thankfully, I was not called upon to share and was able to hear everyone else. What a difference a meeting can make, my attitude was changed by the end of it.

I invited my wife to sit with me at the Friday night speaker meeting. A few minutes before it was to begin, I received a phone call. The interpreter was not available, and I was asked to translate to Spanish. Hesitantly I agreed and went to work. As nervous as I was and fumbling to find the right words to relay the Speakers message, I thought it went ok. What I did not realize at the time was I had been filled with purpose. For that hour or so nothing but the task in front of me mattered.

Later that evening I had a chat with my wife and was able to make amends and heard what she was trying to say before. The rest of the weekend, and since then I have had a better attitude and renewed gratitude for life and things happening around me. I thank God, AA, and all of you for the continued lessons and opportunities for growth.

Thank You For Letting me Be Of Service,

Adrian B



SRI Intergroup Meeting via Zoom October 13th, 2020 at 7pm.

If you are the Intergroup Rep for your home group, do we have your e-mail? If, you are not sure if we have your current info please send an e-mail to info@sriphoenix.org

Group Contributions

Group	Group Name	AUG	YTD
5221	11 AT 7		498.50
5134	11TH STEP MEDITATION MTG.		220.00
1900	12 AND 12 (CAREFREE)		91.50
1030	1-6-4 GROUP		117.41
1265	1ST THINGS FIRST		400.00
1087	6 P.M. HAPPY HOUR (LAMBDA)	66.51	254.52
1211	6:00 RUSH HOUR (CROSSROADS)	10.00	214.00
1071	6:00 TIME OUT		200.00
5195	A NEW WOMEN'S MEETING		232.93
1700	A SAFE PLACE	77.50	306.64
5352	A WAY OUT ON TATUM GROUP		330.00
5204	AFTERNOON DELIGHT		50.00
2805	BACKYARD GROUP	20.00	20.00
5097	BEFORE BREAKFAST CLUB	100.00	300.00
1083	BELLANO	20.00	100.00
6168	BEYOND THE FIRST MIRACLE		194.19
6060	BIG BOOK EXPERIENCE		146.45
1510	BIRDS OF A FEATHER		100.00
5110	BREAKFAST CLUB		216.14
6106	BRUNCH BUNCH		178.94
5402	BYOCHAIR	200.00	200.00
1059	CACTUS STUDY GROUP		1,485.00
5340	CAME TO BELIEVE - Cave Creek		100.00
6137	CAREFREE RATTLERS		50.00
1080	CAREFREE WILDLIFE		50.00
1089	CASUAL NOONERS		343.57
5070	CELEBRATE LIFE		1,200.00
5273	DESIGN FOR LIVING		178.56
6215	DIVINE DIVAS		600.00
5365	EIGHTY SIXED		100.00

6129	FEELINGS & SOLUTIONS		430.00
2706	FREEDOM HOUR		550.00
2731	FRIDAY MORNING BIG BOOK STUDY	25.00	683.75
6054	FRIENDS OF BILL W.		200.00
5257	FRIENDS OF EBBY		105.50
6067	FRIENDS STAYING SOBER		90.00
1097	FUNCTIONAL GROUP	82.00	732.00
1610	GET YOUR SPIRITS HERE		31.40
1098	GO FOR IT GROUP I		690.00
2111	GRANITE REEFERS		300.00
5188	GRAPEVINE MEETING		109.00
5234	HAPPY ALCOHOLICS		720.00
1162	HAPPY HOUR (CROSSROADS 4PM)		200.00
1060	HAPPY HOUR GROUP SAHUARO		120.00
6221	HAPPY VALLEY EAST		97.00
5391	HAYDEN GROUP DISCUSSION		30.00
5171	HOGAN'S HEROES		182.50
5310	HOW BAD DO YOU WANT IT		944.21
5341	HOW FREE DO YOU WANT TO BE?		20.00
5290	HOW IT WORKS BIG BOOK STEP STUDY		288.31
5104	IN-BETWEENERS		100.00
6627	INTO ACTION		583.14
5321	JAYWALKERS	153.05	153.05
6061	KNUCKLEHEADS	113.92	471.33
6142	LADIES' TEA PARTY		250.00
1023	LADYBUGS		604.16
5122	LANGUAGE OF THE HEART		196.00
5112	LEFT FORK GROUP	20.00	90.00
1514	LET'S TALK ABOUT IT	138.00	1,701.18
5297	LIVING IN THE SOLUTION	105.00	728.00
5139	LIVING SOBER	449.50	1,222.68
5178	LONE MOUNTAIN BB STUDY		376.75

THANK YOU

Group contributions continue

3114	LUNCH BUNCH (CROSSROADS)	373.00	766.00
5275	MAD MEN		784.00
1041	MALE CHAUVINISTS		141.00
1092	MENS 4PM MONDAY MEETING		339.75
5111	MEN'S ATTITUDE ADJUSTMENT		1,000.00
1056	MEN'S CAREFREE SOBRIETY		305.75
1158	MEN'S MONDAY NIGHT BB STUDY	95.00	95.00
1204	MID CITY GROUP	199.50	199.50
5305	MOHAVE GROUP		55.00
1008	MONDAY MORNING LADIES STEP MEETING		40.00
5006	MONDAY MORNING MIRACLES		247.00
2003	MONDAY NIGHT B.B. STEP STUDY	280.00	875.20
6064	MORNING MIRACLES		106.51
5285	MOUNTAIN TOPPERS		208.00
5360	MY FRIENDS PROMISE		213.01
5390	NEW COMERS AA		31.00
5286	NEW VISION GROUP		210.16
1037	NO SNIVELING	969.60	9,639.46
5209	NOONERS GROUP	200.00	350.00
5085	NORTH MOUNTAIN STUDY GROUP		240.00
1006	NORTH PHOENIX MEN'S STAG		1,000.00
6034	NORTH SCOTTSDALE STEP STUDY		200.00
6214	ON AWAKENING		400.00
0007	OTHER 7TH TRADITION	5.70	773.55
1159	PATHFINDERS		65.00
2820	PINNACLE PEAK GANG		370.74
2402	POST TIME		114.83
2824	PUTTIN' SOBER		1,071.54
4066	QUIT-IN-TIME		280.00
5200	RAIN OR SHINE	300.00	910.00
5252	RENEWAL IN THE DESERT		208.32
1516	RIO VERDE AA GROUP		175.00

5335	ROOTS	74.00	74.00
1103	SATURDAY MORNING BROTHERHOOD	250.00	1,270.00
1606	SATURDAY NIGHT 12&12		100.00
1113	SATURDAY NITE VARIETY		225.00
1040	SCOTTSDALE NON-DRINKERS		180.00
1117	SCOTTSDALE SPEAKERS MTG.	640.00	1,000.00
1066	SCOTTSDALE STEP GROUP	500.00	500.00
2408	SCOTTSDALE STOP OFF		117.00
2813	SISTERS IN SOBRIETY		50.00
6031	SISTERS IN SOBRIETY		100.00
6005	SISTERS OF SERENITY		261.44
5386	SMOKIN OLDIES		100.00
6133	SNAKEPIT		300.00
1065	SOUTHSIDE GROUP		28.83
1021	STEP SISTERS		923.17
5197	STEPS TO SOBRIETY		66.00
5013	SUNDAY EVENING SERENITY		600.00
1129	SUNNYSLOPE GROUP		330.00
2823	SUNRISE SERENITY		1,176.67
6104	TGIF		17.00
5370	THE PEACE WITHIN MEDITATION MTG		100.00
6006	THOMPSON PEAK GANG		666.83
1183	TWELVE STEPS IN ACTION	200.00	200.00
5280	VALLEY ALANO CLUB	100.00	300.00
1251	WE CHOSE LIFE		250.55
6120	WED. NIGHT MEN'S STEP STUDY		870.23
2105	WINNERS GROUP		755.00
2803	WOMAN BY THE BOOK		370.20
5263	WORKS BEST WHEN READ	450.00	555.00
		6,217.28	54,380.55

THANK YOU

Salt River Intergroup, Inc.			
Balance Sheet			
As of August 31, 2020			
			Aug 31, 20
ASSETS			
Current Assets			
Checking/Savings			
General Fund			28,621.42
Prudent Reserve Fund			40,031.49
Total Checking/Savings			68,652.91
Other Current Assets			32,588.71
Total Current Assets			101,241.62
Fixed Assets			16,427.63
TOTAL ASSETS			117,669.25
LIABILITIES & EQUITY			
Equity			
Funds Balance			98,930.64
Net Income			18,738.61
Total Equity			117,669.25
TOTAL LIABILITIES & EQUITY			117,669.25

Salt River Intergroup, Inc.			
Profit & Loss			
August 2020			
			Aug 20
Ordinary Income/Expense			
Income			
Group Contributions			2,050.87
Individual Contributions			6,217.28
Store Income			3,672.00
Non Store Income			45.34
Total Income			11,985.49
Cost of Goods Sold			2,334.37
Gross Profit			9,651.12
Expense			
Ordinary Expenses			3,319.85
Employee Expenses			6,403.66
Total Expense			9,723.51
Net Ordinary Income			-72.39
Net Income			-72.39

Please update your meetings with Central Office. It's important so can we provide current information to the Alcoholic who asks for help!!

Email changes to:
Info@sriphoenix.org or
suspend@aaphoenix.org





First	Last Initial	Sober Date	Years
Bernadine	M.	10/5/1971	49
Dick	Y.	10/3/1973	47
Turid	S.	10/21/1973	47
Ann	M.	10/3/1974	46
Cheryl	M.	10/23/1974	46
Mary	U.	10/2/1975	45
Kem	O.	10/7/1975	45
Rich	C.	10/11/1976	44
Carol	G.	10/14/1976	44
Nancy	J.	10/17/1976	44
Jose	M.	10/6/1976	44
Jeff	M.	10/12/1976	44
Vivian	R.	10/2/1977	43
Bill	C.	10/5/1978	42
Cornelius	O.	10/27/1978	42
Celeste	M.	10/2/1978	42
Allen	O.	10/28/1979	41
Debbie	S.	10/21/1979	41
Nu Sue	M.	10/19/1981	39
Roger	W.	10/31/1981	39
Karl	M.	10/5/1982	38
Sarah	P.	10/19/1982	38
Charlie	S.	10/23/1982	38
Jerry	V.	10/22/1982	38

Dotti	G.	10/16/1983	37
Gregorio	M.	10/23/1983	37
Ella	L.	10/7/1983	37
Dan	S.	10/25/1983	37
Tom	M.	10/3/1983	37
Tom	S.	10/20/1983	37
Theresa	S.	10/29/1983	37
Greg	M.	10/23/1983	37
Bill	N.	10/4/1984	36
Dell	H.	10/18/1984	36
Johanna	M.	10/17/1984	36
Rita	S.	10/11/1984	36
Penny	S.	10/23/1984	36
Jorene	E.	10/10/1984	36
Kate	C.	10/1/1984	36
Judy	S.	10/30/1985	35
Debra	G.	10/11/1986	34
Randall	O.	10/4/1987	33
Beth	B.	10/27/1987	33
Cindy	C.	10/14/1989	31
Terry	T.	10/13/1989	31
Jenny	B.	10/11/1990	30
Jewel	M.	10/20/1991	29
Leslie	J.	10/21/1991	29
Holly	W.	10/6/1991	29
Fred	K.	10/31/1994	26



October 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6 Steering Comm Meeting 6pm	7	8	9	10
11	12 Central Office closed for Columbus Day	13 Intergroup Meeting 7pm via Zoom	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Please check specific meetings for cancelations or postponements

SALT RIVER INTERGROUP

3215 E. Thunderbird Rd
Phoenix, AZ 85032

Phone: 602-264-1341
website www.aaphoenix.org
email: info@sriphoenix.org

Group Name: _____
New Renew Change

Street Address: _____

City: _____ State: _____

Zip: _____

Phone: _____

Annual Individual Newsletter Delivered via USPS Mailing = \$15.00

Annual Group Copies (5) Delivered at SRI Business Meeting = \$20.00

